



Effect of Garlic Oil Supplementation on Intake, Digestibility, Performance and Rumen Function of Goats Fed Silage Based-diet

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Authors' contributions

This work was carried out in collaboration between both authors. Author MIO designed the study, performed the statistical analysis, wrote the protocol and wrote the first draft of the manuscript. Author OME managed the analyses of the study and literature searches. Both authors read and approved the final manuscript.

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ABSTRACT

This study was conducted to assess the effect of garlic oil supplementation on intake, digestibility, performance and rumen function of goats. Thirty goats with initial average body weight of 6 ± 0.99 kg were randomly divided into five treatments with six goats each in a completely randomized design. The diets contained a control group without garlic oil (CA₁) and diets supplemented with garlic oil at 20 g (GB₂), 25 g (GC₃), 30 g (GD₄) and 35 g (GE₅). Results showed that acid detergent fibre and lignin (66.02 and 52.37%) digestibility, total volatile fatty acid with acetate (88.62 mM and 69.68mol/100mol), feed conversion ratio (9.47), ammonia nitrogen (12.39mg/dl), methane (21.96mol/mol) and protozoa (8.93×10^8 cfu/mol) of goats reared on CA₁ were ($P < 0.05$) higher than those on test diets (GB₂, GC₃, GD₄ and GE₅). Goats fed on GC₃ and GD₄ diets had higher ($P < 0.05$) nutrients digestibility with rumen parameters, daily weight gain and intake compared with those on CA₁, GB₂ and GE₅ diets. The ether extract intake (58.09%) and digestibility (64.03%) in goats reared on GE₅ were ($P < 0.05$) higher than those on other diets. Ash intake and digestibility, rumen pH, iso-butyrate, valerate, iso-valerate and total fungi count were not significantly ($P > 0.05$)

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affected by treatment diets. In conclusion, the supplementation of garlic oil to treatment diets improved intake, digestibility, performance and rumen function of goats, indicating garlic oil as alternative additive to improve poor quality feeds.

Keywords: Garlic; goats; nutrient utilization; rumen indices; silage.

1. INTRODUCTION

The current estimated population of goats in Nigeria is about 72.5 million, from this estimate they contribute about 24% of the meat supply that increase productivity of animal's protein in Nigeria [1]. Despite these highlighted potentials, goat feeding is still facing serious difficulties relating to quantitative and qualitative provision of nutrients in the tropics. Inadequate year-round feed resources are predominant factor contributing to this problem of feed shortage. This exacerbates by seasonal fluctuation that extends drought periods and brings about scarcity of forages and unbalance nutrient contents in ruminants [2]. Conventional feeds that could have been used to tackle this situation are scarce and often unsatisfactory due to escalating prices of the feed ingredients resulting from competition between man and livestock. A practical way of addressing this problem of feeding goats in the dry season is by using conserved forages. Silage is important feeding strategy that can be made available at critical periods of the year for ruminants.

However, silage is valued as a sustainable means of providing feeds for ruminants during unfavorable weather condition [3]. Notwithstanding, there is a large amount of biomass of green maize fodder produced in post harvest that is not used in southern Nigeria. This can be used with cowpea post harvest leaves as green forage for silage in goat feeding. It is well documented [4] that silage cannot be used as the only source of feed for ruminants, but in combination with other feeds will enhance its utilization. Hence, the incorporation of feeds with cowpea in maize silage based diet can be a viable adoption of feeding strategy that could offer potential to improve performance in goat production. Though this has offered avenues to improve feeding value of roughages, numerous studies [5,6] had also pointed out that supplementation of essential plant oils as alternative to antibiotics due to their perceived antimicrobial, antifungal and antioxidant properties are important to attain optimum level of performance in goat productivity. Garlic oil is such essential plant oil that can be used to

modulate rumen microbial activities, reduce protein degradation and increase rumen by-pass protein. It can also exert their effects on digestibility and nitrogen metabolism through the inhibition of deamination and prevention of attachment and colonization of feed by proteolytic bacteria [7]. Thus, the objective of this study is to determine the effects of garlic oil supplementation on intake, digestibility, performance and rumen fermentation profiles in goats fed cowpea in maize silage based-diet.

2. MATERIALS AND METHODS

2.1 Study Area

The present study was carried out at the Teaching and Research Farm, Ambrose Alli University, Ekpoma, Nigeria. The area is located at longitude 6.09°E and latitude 6.42°N within the humid climate zone of southern Nigeria. The vegetation of this geographical zone represents an interface of between the tropical rainfall and derived savanna as reported by Ajala et al. [3].

2.2 Animals, Experimental Design and Treatment Diets

Thirty apparently healthy growing West African dwarf does of 6 – 7months old with an average live weight of 6 ± 0.99 kg were selected from the Small Ruminant Unit at the Teaching and Research farm. The goats were randomly distributed to five experimental diets with three replicates of two goats making a total of six goats per treatment in a completely randomized design. The animals were allocated to individual cleaned and disinfected pens that were provided with feed bunks and water troughs.

The diets were composed of 600 g/kgDM of concentrate and 400 g/kgDM of cowpea/maize silage in a ratio of 1:3 respectively (Table 1), which were formulated according to AFRC [8]. The treatment diets contained similar cowpea/maize silage (1:3) but the concentrate mixture comprised different proportion of feed ingredients and garlic oil. The compared treatment diets were; CA₁ (without garlic oil that served as control group), GB₂ (20 g of garlic oil),

Table 1. Ingredients and chemical composition (g/kg of DM) of experimental diets

Ingredients	Diets				
	CA ₁	GB ₂	GC ₃	GD ₄	GE ₅
Cowpea/maize silage (1:3)	400	400	400	400	400
Wheat offal	250	235	235	235	235
Cowpea husk	165	170	175	180	185
Grounded corn	150	140	130	120	110
Garlic oil	-	20	25	30	35
Mineral mix	15	15	15	15	15
Urea	10	10	10	10	10
Salt	10	10	10	10	10
Total	1000	1000	1000	1000	1000
Chemical Analysis					
Dry matter g/kg as feed basis	802	802	803	803	804
Crude protein	186	187	188	189	190
Ether extract	30	36	43	51	56
Crude fibre	346	350	369	382	394
Ash	73	71	71	70	70
Nitrogen free extract	164	162	155	147	144
Neutral detergent fibre	682	678	676	675	675
Acid detergent fibre	493	486	480	476	473
Acid detergent lignin	122	165	153	149	145

GC₃ (25 g of garlic oil), GD₄ (30 g of garlic oil) and GE₅ (35 g of garlic oil). The garlic oil was added to the concentrate mixture right before feeding. Cowpea/maize silage (1:3) mixture and concentrate were weighed separately on an electronic scale with a 1 g accuracy (Marte, LC 100, Sao Paulo, SP, Brazil), mixed and offered *ad-libitum* twice daily as a total mixed ration.

Table 2. Composition (%) of fatty acids in garlic oil

Components	Content in %
Saturated fatty acids	
Lauric acid	49.32
Myristic acid	0.59
Stearic acid	0.75
Lignoceric acid	0.32
Unsaturated fatty acids	
Oleic acid	3.1
Linoleic acid	20.42
Linolenic acid	3.76
Palmitoleic acid	1.48
Arachidonic acid	0.94

2.3 Feeding Management and Samples Collection

Experimental animals were housed in individual semi open pens and fed the experimental diets to meet daily feed requirement as per AFRC [8].

The amount of feed provided was adjusted after every 2 weeks according to animal body weight change. Animals were offered feed at about 8:00 am and 4:00pm and orts were removed and weighed daily before the morning feed. All experimental animals were treated with acaricides and Albendazol® of 1 ml per 10 kg body weight for ecto and endo parasite respectively before the commencement of the study. Fresh drinking water was provided *ad-libitum* to all animals. Live body weights were recorded before morning feeding on a weekly basis. The apparent feed intakes were measured daily and the feed efficiency was estimated by the difference between the weight of feed offered and refusals, while nutrient intakes were estimated by taking into account the dry matter intake and feed nutrient content from the analysis. The feeding trial lasted for 12weeks, which consisted of an initial baseline period (weeks 1 – 2) within all animals on the control diet, a transition period (week 3) in which experimental animals became accustomed to their diets, a feeding trail period (weeks 4 – 11) and a post feeding trail period, where all animals returned to control diet (week 12). Following transition period, rumen study was conducted to determine rumen function. Rumen fluid samples were collected from all goats four hours after morning feeding on day 20, 25, 30, 35, 40, 45, 50, 55, 60 and 65 through a stomach tube and

inserted to a depth of approximately 110 – 130cm through the esophagus. The first portion (about 30ml) of the sample collected was directed to reduce saliva contamination. Rumen fluid samples were strained through four layers of cheese cloth and pH was determined immediately after collection using a digital pH meter (Eutech pH tester 30, thermo-fisher sci, Inc, USA). Thereafter, 20 ml of the rumen samples were stored in 40ml of 10% formal saline before direct microscopic counts of rumen protozoa, bacteria and fungi. Sub –samples of 10ml were also acidified with a 1 m sulfuric acid solution to measure ammonia nitrogen ($\text{NH}_3 - \text{N}$) and total volatile fatty acid (TVFA), while separate 10ml sub-samples were treated with 2 ml of 25% meta-phosphoric (prepared in 5N sulfuric acid) kept overnight at 4°C and centrifuged at 584rpm for 15min to measure individual volatile fatty acids.

The methane (CH_4) emission was estimated according to the equation of Moss et al. [9]. CH_4 (mol/mol of VFA) = $0.45 \times \text{C}_2 - 0.275 \times \text{C}_3 + 0.4 \times \text{C}_4$. Where C_2 , C_3 and C_4 are acetate, propionate and butyrate respectively expressed as mol/100 ml of VFA.

Rumen study was preceded by a 14day metabolic trial to determine apparent nutrients digestibility. Goats were housed separately in individual metabolic cages designed for a complete separation of faeces and urine. The animals were acclimatized for 7days prior to the commencement of the 7days collection period. During the study, sub-samples of feeds and feed residues were collected, weighed and recorded daily before dried and stored for subsequent analysis. Faeces were quantitatively collected by hand immediately as or after an animal defecated during these periods. The faeces collected each day were thoroughly mixed and sub-samples of 5% aliquot were taken for dry matter determination and stored at -20°C [4]. At the end of collection periods, faecal samples from each animal were separately bulked, mixed properly and about 10% of the sub-samples of feeds, feed residues and faeces were pooled, dried for 48hours at 60°C in a forced air oven and grounded to pass through a 1mm screen in a wiley mill (Arthur H. Thomas Co. Philadelphia, PA) and stored in airtight containers for analysis.

Apparent digestibility of nutrients were calculated as intake minus faecal output divided by intake and converted to a percentage [4]. Note that;

nutrient intake = feed intake x nutrient in feed
while nutrient output = faecal output x nutrient in faeces.

2.4 Chemical and Statistical Analyses

All stored sub-sample of diets, feed residues and faeces were analysed for proximate composition according to the procedures of AOAC [10], while neutral detergent fibre, acid detergent fibre and acid detergent lignin were determined as reported by Van Soest et al. [11]. Composition of fatty acids in garlic oil was analysed according to the report of Kirisci and Kamalak [6]. Rumen ammonia nitrogen concentration was determined as outlined in previous publication of Corredu et al. [12]. Rumen volatile fatty acid and its fractions were carried out according to the methods reported by Mor et al. [13], while rumen microbes were counted according to the report of Corredu et al. [14]. Data collected from the study were subjected to descriptive statistics and analysis of variance (ANOVA) using the general linear modeling procedure [15]. Significant treatment means were separated at 5% level of probability using Duncan's multiple range test [16].

3. RESULTS

Chemical composition of treatment diets did not differ in dry matter and ash content (Table 1). The mean content of ether extract and crude fibre for diets were 43.2 g and 368.2 g respectively. Nitrogen free extract content was higher in the control diet than the test diets, while crude protein was higher in the test diets as compared with control diet. No much difference was detected in neutral detergent fibre and acid detergent fibre with lignin. Composition of fatty acids in garlic oil is provided in Table 2. Lauric and linoleic acids were higher in saturated and unsaturated fatty acids respectively in garlic oil.

Intake and apparent nutrient digestibility results of the experimental animals are listed in Table 3. Dry matter intake (DMI) was significantly ($P < 0.05$) different among treatment diets. Supplementation at 25 and 30 g of garlic oil to diets showed greater DMI as compared with control diet that had low DMI. Neutral detergent fibre intake had similar results with DMI. Intakes of crude protein and crude fibre were greater ($P < 0.05$) for goats fed diet GD_4 than those fed diets GB_2 , GC_3 , GE_5 and CA_1 . Ether extract intake that ranged between 38.22 and 58.09 g/day increased gradually in trend as the levels

of garlic oil increased in the diets. Goats fed on GC₃ diet consumed more acid detergent fibre and lignin than those fed on other test diets and control group. However, no significant difference ($P > 0.05$) in ash intake was found among diets.

Apparent digestibility of nutrients were significantly ($P < 0.05$) influenced by garlic oil supplementation except digestibility of ash that was not affected ($P > 0.05$). Supplementation at 25 and 30 g of garlic oil demonstrated higher significant values ($P < 0.05$) in dry matter, crude protein and NDF digestibility than other garlic oil supplemented diets and control group. Furthermore, all supplemented garlic oil treatment groups showed higher significant ($P < 0.05$) increase in ether extract digestibility but lower in ADF and ADL digestibility. However, diet GD₄ had higher positive effect ($P < 0.05$) in crude

fibre digestibility as compared with other treatment diets.

Data on growth parameters are presented in Table 4. Results in the study showed that GC₃ and GC₄ resulted in higher intake of diets, followed by GE₅ and GB₂ then CA₁. This variation in intake of diets significantly ($P < 0.05$) affected weight gain of goats. Final body weight that ranged from 9.44 to 10.39 kg was significantly ($P < 0.05$) greater for goats fed GC₃, GD₄ and GE₅ diets than those fed on CA₁ and GB₂ diets. Goats on GC₃ and GD₄ recorded higher total, weekly and daily weight gains as compared with diets CA₁, GB₂ and GE₅. Feed conversion ratio that was apparently different ($P < 0.05$) in treatments favoured goats on diet GD₄ than other diets. However, average initial body weight of goats in the dietary treatments did not vary significantly ($P > 0.05$).

Table 3. Intake and apparent digestibility of nutrients in goats fed garlic oil supplemented diets

Parameters	Diets					SEM ±
	CA ₁	GB ₂	GC ₃	GD ₄	GE ₅	
Intake g/day	-	-	-	-	-	-
Dry matter	223.08 ^c	239.56 ^b	300.62 ^a	325.62 ^a	258.00 ^b	1.69
Crude protein	62.94 ^c	71.26 ^b	74.87 ^b	79.63 ^a	73.99 ^b	0.07
Crude fibre	64.47 ^c	67.82 ^c	71.56 ^b	76.59 ^a	70.34 ^b	1.03
Ether extract	38.22 ^c	41.63 ^b	45.22 ^b	51.06 ^a	58.09 ^a	0.05
Ash	62.92	64.84	65.93	66.63	63.43	0.05
Neutral detergent fibre	195.07 ^c	220.29 ^b	251.48 ^a	263.81 ^a	226.49 ^b	1.69
Acid detergent fibre	148.26 ^c	172.63 ^b	196.52 ^a	184.52 ^b	162.67 ^b	1.28
Acid detergent lignin	58.95 ^c	80.62 ^b	89.63 ^a	82.79 ^b	81.23 ^b	0.53
Digestibility %						
Dry matter	59.86 ^c	67.75 ^b	70.25 ^a	76.38 ^a	63.93 ^b	0.34
Crude protein	65.21 ^c	73.51 ^b	76.83 ^a	79.66 ^a	72.12 ^b	0.19
Crude fibre	57.32 ^c	66.32 ^b	69.50 ^b	75.48 ^a	63.90 ^b	1.03
Ether extract	50.98 ^b	60.12 ^a	61.08 ^a	63.22 ^a	64.03 ^a	0.97
Ash	60.38	61.06	61.47	62.78	61.99	0.42
Neutral detergent fibre	64.63 ^b	66.01 ^b	74.02 ^a	77.92 ^a	68.62 ^b	0.56
Acid detergent fibre	66.02 ^a	52.07 ^b	51.23 ^b	50.82 ^b	50.23 ^b	0.34
Acid detergent lignin	51.37 ^a	32.69 ^b	31.80 ^b	31.63 ^b	30.01 ^b	0.07

^{a,b,c} Means on the same row with different superscripts are significantly different ($P < 0.05$)

Table 4. Growth parameters of goats fed experimental diets

Parameters	Diets					SEM ±
	CA ₁	GB ₂	GC ₃	GD ₄	GE ₅	
Initial body weight (kg)	7.46	7.25	6.63	6.45	7.18	0.03
Final body weight (kg)	9.44 ^b	9.78 ^b	10.11 ^a	10.39 ^a	10.09 ^a	0.07
Total weight gain (kg)	1.98 ^a	2.53 ^b	3.48 ^a	3.94 ^a	2.91 ^b	0.05
Weekly weight gain (g)	165.00 ^c	210.83 ^b	290.00 ^b	329.33 ^a	242.50 ^b	1.06
Daily weight gain (g)	23.57 ^c	30.12 ^b	41.43 ^a	46.91 ^a	34.64 ^b	0.15
Daily feed intake (g)	223.08 ^c	239.56 ^b	300.62 ^a	325.62 ^a	258.58 ^b	1.09
Feed conversion ratio	9.47 ^a	7.95 ^b	7.26 ^b	6.94 ^c	7.47 ^b	0.04

^{a,b,c} Means on the same row with different superscripts are significantly different ($P < 0.05$)

Results on pH, total volatile fatty acid (VFA) concentration, molar proportion of individual VFA and acetate: propionate ($C_2:C_3$) ratio in the rumen are shown in Table 5. The rumen pH did not differ significantly ($P > 0.05$) among the treatment diets. Total VFA concentration decreased significantly ($P < 0.05$) in rumen of goats fed garlic oil supplemented diets as compared with control diet. However, molar proportion of C_2 also decreased ($P < 0.05$) while C_3 and butyrate (C_4) proportion increased ($P < 0.05$) as the inclusion of garlic oil increased in diets. Notwithstanding, the highest production of C_3 and C_4 were recorded in supplementation at 25g and 30 g of garlic oil than other garlic supplemented diets. This study did not also found significant ($P > 0.05$) difference in iso-

butyrate (C_5), valerate (C_6), iso-valerate (C_7) and $C_2 : C_3$ ratio as in rumen pH.

Presented in Figs. 1 and 2 are results of rumen ammonia nitrogen ($NH_3 - N$) production and methane (CH_4) emission. The results showed that inclusion of garlic oil to the treatment diets influenced $NH_3 - N$ and CH_4 emission in the study. Garlic oil supplemented diets depressed rumen $NH_3 - N$ concentration than the control diet. Similarly, estimated CH_4 gas production tended to be reduced in supplementation with garlic oil compared with control diet. Moreover, the reduction in $NH_3 - N$ and CH_4 gas in supplemented diets GC_3 and GD_4 were higher than GB_2 and GE_5 .

Table 5. Rumen fermentation profile of goats fed garlic oil supplemented diets

Items	Diets					SEM \pm
	CA ₁	GB ₂	GC ₃	GD ₄	GE ₅	
Rumen pH	6.32	6.54	6.78	6.82	6.67	0.06
Total VFA (mM)	88.62 ^a	85.74 ^b	83.99 ^b	83.49 ^b	82.01 ^b	1.39
Individual VFA (mol/100mol)						
Acetate (C_2)	68.68 ^a	66.82 ^b	66.73 ^b	65.92 ^b	66.74 ^b	1.23
Propionate (C_3)	22.99 ^b	24.52 ^a	26.01 ^a	26.06 ^a	24.81 ^a	0.97
Butyrate (C_4)	7.68 ^b	8.02 ^a	8.06 ^a	8.09 ^a	8.04 ^a	0.21
Iso-butyrate (C_5)	2.01	1.96	1.98	1.95	1.99	0.03
Valerate (C_6)	2.03	1.99	1.93	1.96	1.97	0.04
Iso-valerate (C_7)	1.98	1.82	1.90	1.94	1.86	0.06
$C_2 : C_3$	2.96	2.73	2.67	2.63	2.69	0.03

^{a,b} Means on the same row with different superscripts are significantly different ($P < 0.05$)

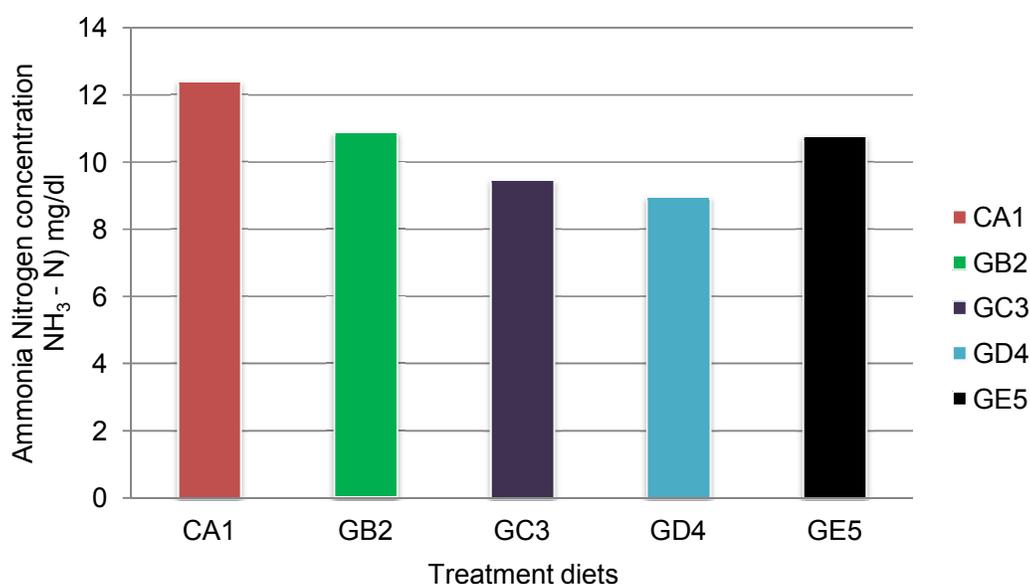


Fig. 1. Rumen ammonia nitrogen ($NH_3 - N$) production

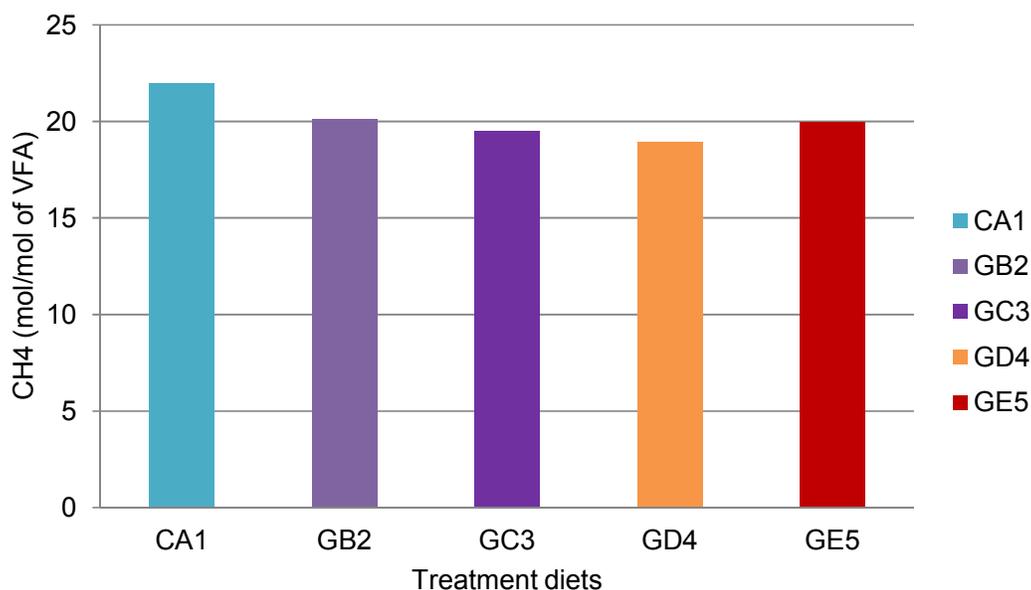


Fig. 2. Rumen estimated methane gas production

Table 6. Effect of garlic oil supplementation on rumen microbial population ($\times 10^8$ cfu/ml) of goats

Items	Diets					SEM \pm
	CA ₁	GB ₂	GC ₃	GD ₄	GE ₅	
Total bacteria	10.09 ^a	9.83 ^b	9.36 ^b	8.99 ^c	8.97 ^c	0.07
<i>Fibrobacter succinogenes</i>	7.96 ^a	5.86 ^b	5.23 ^b	5.12 ^b	5.03 ^b	0.04
<i>Ruminococcus albus</i>	5.73 ^b	6.42 ^a	6.48 ^a	6.52 ^a	6.32 ^a	0.08
<i>Ruminococcus flavefaciens</i>	5.02 ^b	6.20 ^a	6.50 ^a	6.58 ^a	6.40 ^a	0.12
<i>Ruminococcus fibrisolvans</i>	7.32 ^a	5.02 ^b	4.92 ^c	4.65 ^c	4.45 ^c	0.16
Total methanogenes	6.68 ^a	5.64 ^b	4.72 ^c	4.51 ^c	5.41 ^b	0.09
Total protozoa	8.93 ^a	6.95 ^b	6.01 ^b	5.87 ^c	6.72 ^b	0.05
Total fungi	4.86	4.79	4.72	4.70	4.68	0.03

^{a,b,c} Means on the same row with different superscripts are significantly different ($P < 0.05$)

Results of rumen microorganisms' population as influenced by dietary treatments is shown in Table 6. It was found that total bacteria population was significantly different ($P < 0.05$) between the control and supplemented groups. The population was highest in CA₁ and lowest in GD₄ and GE₅. However, the control group also tended to increase *Fibrobacter succinogenes* population significantly ($P < 0.05$) as compared with garlic oil supplemented diets. All supplemented groups had shown higher population of *Ruminococcus albus* and *Ruminococcus flavefaciens* than the control group except *Butyrivibrio fibrisolvans* population that was lower ($P < 0.05$) as indicated in Table 5. In the study, total methanogenes and protozoa population tended to be increased and quantified significantly in control group than the test groups

while total fungi population was unaffected by garlic oil supplementation ($P > 0.05$).

4. DISCUSSION

Manipulation of rumen functions with feed additives has been recognized as an important strategy for improving feed efficiency and performance in goats. In the present study, dry matter of the diets (Table 1) were approximately high, hence they can be preserved over a long term for distance transportation. Variations in nutrient components of diets could be a reflection of different proportion of nutrients with garlic oil contents that were supplied by the feed ingredients. However, crude protein (CP) levels in these diets were higher than the range values (11.00 to 13.00% of CP required to supply

adequate protein for maintenance and moderate growth in goats [17]. Fatty acids in garlic oil (Table 2) exhibit numerous biological functions which are beneficial for the state of animals' health. It has medicinal, antimicrobial properties, antioxidant, antifungal and antiviral agents that speeds up digestion and improve immune system in livestock. It has been reported in literature [6] that linolenic and lauric acids have antibacterial and antifungal functions as the key ingredients of many feed additives.

Increase in the DMI of the test diets might be attributed to specific gravity of particle size of feeds and garlic oil supplementation compared with the control diet. Feed intake has been reported by Rafiee-Yarandi et al. [18] to depend on large number of factors such as physical characteristics, palatability, distension stimulates stretch receptors in rumen wall, digesta flow rate and fibre digestion. In general, it was found that inclusion of garlic oil up to 30 g tended to increase nutrient intake than 35 g of garlic oil supplementation. This tendency to reduce nutrient intake at 35g of garlic oil has been shown to interact with dietary fibre in the rumen to depress fibre degradability [19]. However, garlic oil had no effect on ash intake. This result on ash is in consistent with previously published reports where oil supplementation in goats' diet has no effect on mineral intake [20].

Digestibility results were influenced by the action of garlic oil on diets. The progressive increase in the digestibility of DM, CP, crude fibre (CF) and neutral detergent fibre (NDF) up to 30 g (3%) of garlic oil supplementation in this study could possibly suggest that the rumen microbes had adapted to that levels of linolenic and lauric acids in garlic oil which resulted in reduction of protozoa, leading to a higher population of bacteria, hence increased digestibility of nutrients. This contradicts the reports of Candyrine et al. [20] that 4% linseed oil supplementation in diets of goats improved digestibility. This inconsistency could be due to the type of oil used in the different studies which are made up of different composition of fatty acids. Notwithstanding, the slight reduction in most digestibility of nutrients at 35 g (3.5%) garlic oil inclusion (Table 3) could probably explain the higher degree of linoleic acid of garlic oil in the rumen. Zhang et al. [21] stated that fatty acids with higher degree of unsaturated are toxic towards rumen microbes, thus reducing digestibility. Interestingly, garlic oil

supplementation did not affect digestibility of ash but acid detergent fibre (ADF) and acid detergent lignin (ADL) digestibility were decreased with increase in garlic oil inclusion. Higher content of most of saturated and unsaturated fatty acids in the garlic oil (Table 2) could have probably inhibit ADF and ADL degrading microbes from acting in the rumen. This is in agreement with Kongmun et al. [22] who reported that ash digestibility is not altered by garlic powder but ADF and ADL digestibility tend to decrease in swamp buffalo as result of higher lauric, palmitic and linoleic acids in diets fed garlic and coconut oils supplement. However, it is interesting to know that ether extract digestibility increased with garlic oil inclusion in the diets but the general low digestibility of nutrients recorded in the control diet could be attributed to the physical effective fibre and accumulation of high level of fermentation acid from silage which might have depressed the activity of cellulolytic and fibrolytic bacteria in the rumen.

Experimental diets did not adversely affect growth performance but enhance both feed intake and weight gain of goats (Table 4). The higher feed intake and better digestibility of nutrients in goats fed garlic oil supplemented diets explain the higher final body weight and better weight gain observed in the study. This observation indicates that goats on the test diets were better in terms of intake, efficiency of feed utilization and physiological state; hence they were more efficient in converting feed to weight gain. As pointed out in earlier reported literature [23] that garlic oil supplemented diets have higher energy density with antimicrobial action that improve energy intake at similar feed intake level, enteric health and proper maintenance of goats. Highest weight gain recorded in goats on 30g of garlic oil diet was in line with the previous study of Ahmed et al. [24] who reported significant increase in weight gain of growing buffalo calves when up to 2.5% natural juice containing garlic was added to diet.

As expected, feed conversion ratio (FCR) improved with garlic oil inclusion diets than the control diet. However, the positive response between weight gain and FCR obtained from the test diets as compared with control diet could probably be used to further attest the superiority of the test diets in terms of nutrient utilization for body weight gain.

Variations in rumen pH among diets were within the normal range for rumen liquor pH in goats

(5.5 – 7.0), where microbial digestion of fibre and protein has been found to be optimal [22]. Volatile fatty acid (VFA) production has been reported to depend on nutrient digestibility, rate of absorption, rate of digesta passage from the rumen and the activity of microbial population in the rumen [25]. The reduction in VFA production in test diets might be ascribed to a depressive effect of garlic oil on the protein degradation which is in accordance with the reduction of the abundance of ammonia production observed in the garlic oil supplemented diets. However, part of VFA can be produced from hydrolysis of dietary protein to amino acids which are deaminated before conversion to VFA [26]. Hence a decrease of protein degradation could lead to a reduction of VFA originated from deamination of amino acids [27]. The higher total VFA and molar proportion of C₂ acid observed in the control diet suggest some extent of higher population of fibre degradation microbes that could be attributed to better digestion of fibre component of the diet as compared with the test diets. It was highlighted by Corredu et al. [14] that higher production of acetate and fibre degrading microbes in the rumen contribute to greater extent in the digestion of fibrous plant material, which could have compensated production of VFA. Garlic and its compounds (diallyl disulfide and allyl mercaptan) reduced C₂ and methane proportions but increased C₃ and C₄ proportion to some extent suggesting that garlic compounds were responsible for most of these effects [22,28]. Thus this explains the higher available energy to support growth and possibly higher tendency to biosynthesize fats in goats on test diets.

Supplemented diets did not affect C₂ to C₃ ratio suggesting that the levels of garlic oil supplementation in the study did not interfere with their function in the rumen. Notwithstanding, C₂ – to – C₃ ratio recorded in this study were much greater than 2.5 value considered to be the threshold, below which milk fat depression occurs in ruminants [25].

The proportion of C₅, C₆ and C₇ observed suggests that diets containing garlic oil might result in increased outflow of metabolizable protein from the rumen to hind gut. This is in agreement with the literature reported by Eastridge et al. [29] that when concentration of C₅, C₆ and C₇ are similar among diets, it means similar degradation of protein occurs because of their branched chain VFA that are derived primarily from dietary protein [30].

The ammonia nitrogen reduction in rumen of goats on test diets (Fig. 1) could be related to the ability of garlic compounds to affect the growth of rumen proteolytic bacteria, either directly reducing the activities of the protease enzymes or indirectly by their ability to bind proteins as demonstrated in the effect of sainfoin hay with garlic on rumen ammonia production by Kirisci and Kamalak [6]. This decrease in NH₃ – N concentration could probably make protein in the test diets not to be easily degraded and probably became source of rumen-protected protein by supporting the synthesis of microbial protein in the rumen. Thus, this might enhance the metabolic protein supply of goats and high proportion of non NH₃ – N which increased outflow of metabolizable protein from the rumen. This observation is in accordance with the previous work of Wanapat et al. [31] that higher rumen escape of protein increases the supply of metabolizable protein to the lower intestine. Cardozo et al. [32] also reported that garlic oil in continuous culture reduced NH₃ and increased peptide and amino acid nitrogen concentration which suggested that deamination was inhibited and increased more rumen bypass of protein.

Garlic oil supplementation also represented a feasible strategy in estimating methane (CH₄) emission in the rumen (Fig. 2). However, garlic oil inclusion diets were effective in reducing CH₄ emission, probably because of garlic compounds concentration which were appropriate to affect inhibition of methanogenic archaea directly or indirectly by the reduction of fibre digestion in the rumen. This result was consistent with previous study of Kongmun et al. [22] that shown significant suppression of methane production in ruminants fed garlic powder supplementation.

Rumen microbial profile of goats fed diets of garlic oil supplementation is shown in Table 6. All supplemented diets showed reduction in total bacteria population than the control diet. There was substantial evidence that garlic oil inhibit metabolic activity of rumen bacteria by absorption onto the microbial cell wall [20]. The control group of experimental animals increased degradation of cellulose and protein by elevating the population of *Fibrobacter succinogens* and *Butyrivibrio fibrisolvens* which were decomposing bacteria of cellulose and protein respectively [33; 34]. This implies that essential oil of garlic could have a selective activity on rumen bacteria population and different levels of garlic oil had different effect in switching the microbial population. However, *Ruminococcus albus* and

Ruminoccus flavefaciens have been noted to be involved in fibre degradation [35] and could have contributed to some extent in fibre digestion of garlic oil supplemented diets. The higher C₃ and C₄ proportion recorded in test diets (Table 3) compared with control diet could probably be attributed to the higher population of *R. albus* and *R. flavefacien* obtained in garlic oil supplemented diets. This agrees with the report in literature [21] that the introduction of essential oil in a diet of ruminants can inhibit or increase the growth and activity of some strain thus affecting the total population of bacteria in the rumen.

Methanogens which are responsible in utilizing hydrogen in the process of methanogenesis were higher in control diet. This could have diverted the use of available hydrogen for methane formation, which was a loss of energy from the diet [36] and decreased energy efficiency of goats, hence leading to the lower feed efficiency and slower growth rate in the goats (Table 4). The anti-methanogenic effect of garlic oil and its active components such as organosulfur compounds are strong inhibitors of methanogens, as a result, the synthesis of their unit was inhibited, and thereby affecting methanogen population of garlic oil supplemented diets. In the same vein, test diets tended to decrease total protozoa population while fungi population was unaffected. The decline in protozoa population could be due to reduction in the permeability properties of their cell membrane, competition among rumen micro-organism species and the bioactive components of garlic. Kongmun et al. [22] provide further support for this finding by demonstrating that essential oil of garlic contains high amount of esterified lauric and myristic acids that might be absorbed either onto rumen microbes or onto feed particles and interact with dietary fibre to act as an antibacterial agent and decrease protozoa population.

5. CONCLUSION AND RECOMMENDATION

Results of this study have shown that garlic oil supplementation had no effect on fungal population but rumen ammonia nitrogen, methane emission and total protozoa count were lower in garlic oil inclusion diets. Furthermore, the use of garlic oil as supplement in this present study improved intake, digestibility, growth and rumen fermentation. The improvement were more enhanced in supplementation of 25 g

(2.5%) and 30 g (3%) garlic oil than 0 g, 20 g and 35 g inclusion levels in the diets, hence 2.5 and 3% garlic oil supplementation were recommended.

The above advantage of garlic oil supplementation on intake, digestibility and growth with rumen fermentation would be an attractive option for farmers to produce quality products from goats to meet the increasing demand for ruminant products in many of the tropical countries.

ETHICAL APPROVAL

As per international standard written ethical permission has been collected and preserved by the author(s).

COMPETING INTERESTS

Authors have declared that no competing interests exist.

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